



## SYNDEMICS

# Using Low Cost, Powerful Strategies for Community Level Prevention and Change

By Dennis D. Embry, Ph.D  
PAXIS Institute



Red Lion Hotel Conference Center  
510 Kelso Drive Kelso, WA 98626



**Wahkiakum Community Network**

*Supporting community-based changes to improve the lives of children and families*

# Syndemics – Multiple Related Afflictions

## Community-Based Prevention

What if your prevention actions solved many problems at once? Violence, crime, healthcare costs, substance use, school failure, teen sex; problems like these are interrelated but aren't always perceived that way. Having a prevention or treatment program for each problem makes no logical, financial or scientific sense when it turns out that the multiple-related afflictions have underlying ties. Learn a different way of thinking and acting to change the trajectory of prevention and treatment.



In this workshop, we discuss “syndemics,” a term invented by the Centers for Disease Control that describes what people really see – multiple, related afflictions – and introduce “evidence-based kernels,” which are low-cost, powerful, proven strategies that can effectively prevent or treat multiple problems in a community. We will work through a few community-wide implementations of low-cost, evidence kernels as examples to change population level outcomes of interrelated allocations such as substance abuse, crime, domestic violence, mental illness, school failure, special education, and economic development and come up with ways that a community can develop a “dashboard” to show results.

The workshop will involve examples of how the community could actually prevent alcohol, tobacco and drug use, how the community could prevent child abuse and neglect, how historical disparities might be reduced, and how all students might succeed at a population level using low-cost, cost-effective strategies.

## ABOUT THE SPEAKER

Dennis D. Embry, Ph.D., is the CEO/president of PAXIS Institute in Tucson, Arizona. His work on prevention of health, safety, substance abuse, violence and mental illness among children has been featured in national media such as the Today Show, Good Morning America, Life Magazine, People Magazine, and the New York Times, the LA



Times, the Associated Press and others. Dr. Embry is the author of more than 40 books and training materials for science-based prevention of children's injuries, parenting and family difficulties, violence, substance abuse and mental health and on positive youth and child development. Dr. Embry is one of the few scientists and practitioners to be involved in national and state efforts that have produced population-level change.

Dennis D. Embry, Ph.D., is the CEO/president of PAXIS Institute in Tucson, Arizona. He is a former teacher of behaviorally disturbed children, and a child and developmental psychologist. His work on prevention of health, safety, substance abuse, violence and mental illness among children has been featured in national media such as the Today Show, Good Morning America, Life Magazine, People Magazine, and the New York Times, the LA Times, the Associated Press and others. Visit [www.paxis.org](http://www.paxis.org) to learn more about Dr. Embry and the PAXIS Institute.

August 28, 2008 – Red Lion Hotel 510 Kelso Dr, Kelso WA (360) 636-4400

## AGENDA

7:30 – 8:30 *Sign In, breakfast provided*

8:30 – 4:00 *Syndemics by Dr. Dennis D. Embry, PH.D, lunch provided*

## LOCATION and LODGING

The Syndemics workshop will be held at the Red Lion Hotel Conference Center, 510 Kelso Drive, Kelso Washington. The Red Lion Kelso-Longview, Hotel & Conference Center is conveniently located off I-5 just 40 miles north of Portland, Oregon, 50 minutes from Portland International Airport and five minutes from Kelso Airport. For a nominal charge, they can arrange transportation to and from Portland International Airport.

**Please make your own reservation by calling the Red Lion at (360) 636-4400; request a room in the block rate reserved for the Syndemics Workshop. Red Lion Hotel is offering rooms at a block rate of \$86.95 per room.**

TO RECEIVE THE REDUCED RATE YOU MUST MAKE ROOM RESERVATIONS BY JULY 30<sup>TH</sup>

## REGISTRATION

Please complete the registration form below. The non-refundable registration fee for this event is \$65. Return the registration form and the registration fee by check by **Wednesday, July 30, 2008**. The fee includes all conference materials and meals including breakfast, lunch and refreshments. Mail to: Wahkiakum Community Network, PO Box 629, Cathlamet WA 98612.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Organization \_\_\_\_\_

Mailing Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Do you have any special needs or requirements, including dietary restrictions, we should be aware of? (Note: If you are requesting special meals, you must identify yourself to servers at the conference in order to receive them.) \_\_\_\_\_

### FOR MORE INFORMATION

Please contact Wahkiakum Community Network at 360-795-8040  
wahkiakum@centurytel.net or visit us on the web [www.wahkiakumcommunitynetwork.org](http://www.wahkiakumcommunitynetwork.org)

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