



Did you know...

**There is a Parent's Guide
to the Teen Brain?**

Have you ever wondered: "Who is this kid?" "Why does my teen do that?" "What can I do?" "Is this normal?" From mood swings to risk taking, "normal teenage behavior" can appear to be anything-but-normal to parents and other bystanders. However, new research reveals that patterns of brain development during these formative years play a significant role in shaping your teen's personality and actions. Scientific evidence reveals that the brain is fully mature at about age 25.

Through the use of video, interactive segments, scenario-based role-playing experiences, and practical advice from experts, A Parent's Guide to the Teen Brain explores the science behind teenage brain development and how it shapes normal teenage attitude and behavior. Find tools and tips – all designed to help you connect with your teen. Gain insights into teen brain development and apply your new knowledge of normal teenage behavior to real life. Visit www.drugfree.org/teenbrain

Wahkiakum Community Network

www.wahkiakumcommunitynetwork.org

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NEXT PUBLIC BOARD MEETING

October 6, 2008 7:00 – 9:00 PM

River Street Meeting Room 42 River Street, Cathlamet

Supporting community-based changes to improve the lives of children and families