



Did you know...

Risks for untreated alcohol problems in youth have far reaching consequences?

Know the Risks: Youth between ages of fifteen and twenty who have an alcohol use disorder are more likely than their peers to have personal and mental health problems as well as find themselves in trouble at home and in their community.

Youth between the ages of 15 and 20 who have an alcohol use disorder are:



5 times more likely to attempt suicide.



4.5 times more likely to get into a serious fight.



3.5 times more likely to carry a weapon.



Almost twice as likely to have multiple sexual partners.

Source: National Comorbidity Survey

Help is available. Here are a few suggestions:

If you believe your child may be at risk of having an alcohol disorder, consider taking a confidential, on-line alcohol screening at **www.alcoholscreening.org** or call 800/NCA-CALL for written material to help you assess their risk for developing alcoholism. Contact your family doctor, a guidance counselor, spiritual advisor, or other professional. Above all, communicate with your child.

Wahkiakum Community Network

www.wahkiakumcommunitynetwork.org

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NEXT MEETING: August 4, 2008

7:00 – 9:00 PM

River Street Meeting Room

42 River Street, Cathlamet

Supporting community-based changes to improve the lives of children and families