



Did you know...

The majority of Wahkiakum youth ages 11-13 do not use alcohol, tobacco or marijuana?

Local data trends indicate that there has been a steady decline in substance abuse for middle school youth over the past 10 years. However, eighth grade students believe that 38% of their peers are using these substances, but it's **not** accurate. According to the 2006 Healthy Youth Survey, youth substance abuse has declined to 12% of eighth grade students reporting use of alcohol, tobacco or marijuana.

While we should definitely celebrate that progress, it is important to know that the “perception of use” itself is a risk factor for substance abuse; just *believing* that everyone is doing it can actually influence youth to start using.

Youth report that moms, dads and grandparents are the most trusted sources of their information. Help pass on this information to our youth – let them know that the majority of Wahkiakum youth do not use alcohol, tobacco or marijuana. *Let them know it is not the norm for Wahkiakum County.*

Wahkiakum Community Network

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NEXT PUBLIC BOARD MEETING August 4, 2008 7:00 – 9:00 PM

River Street Meeting Room 42 River Street, Cathlamet

Supporting community-based changes to improve the lives of children and families